



AIM OF LIFE
The greatest adventure
Extract from 9/2/09 Satsang

Om Shri Paramatmane Namaha

Like I have done for so many years, I again welcome you all to this greatest adventure on Earth, which is only for the bravest people on Earth. To find God, or to find your own Self, is the greatest adventure. In comparison, travelling to the moon, to Jupiter or to any other planet is not so adventurous!

Travelling to any planet does not require as much bravery and heroism as is required for the journey of the Self. There were many kings and emperors, who tried to conquer the world to expand their territories. There were many in the whole history of humanity. Some of them succeeded to some extent and some of them did not. But their victories were not very great compared to the victory over the mind. The greatest victory on Earth is the victory of the soul or the spirit over the mind.

This victory is to conquer our own passions and desires - our wavering mind – jumping from one object to another and from one place to another. Our victory is to conquer this mind and to conquer these five turbulent senses.

Conquering the turbulent senses. The eyes see one thing at one moment, and try to see another thing at another moment. We say to ourselves: “Oh that is very beautiful, oh but an even more wonderful object is over there.” The ears may be listening to music but the mind is making a comment: “It is good music but such and such music is far better, and that other one is the best.” The sense of taste: “How delicious this chocolate is – oh, there is nothing like chocolates from Switzerland. But the chocolates from Belgium are even better!” The sense of taste!

Conquering these senses means making them slaves to our faculty of discrimination. These senses go where we want them to go. They have to be brought under control according to our decision: “I must not be taken prisoner by them, they must become my servants and I must become their master.”

‘I’ here does not mean the ego but the ‘real I’, the spirit, the divine element in us. It is part of infinity, part of God residing in us, our true nature. It requires great heroism to find that nature and to discover that eternal oneness with God. It needs the greatest bravery, and is the proper task of really intelligent people. Human life is meant only for this. I have emphasised this point so many times.

There are seekers here who have been coming for the last 15, 20 or 25 years and I have told them so many times before. Today, again, I am saying it and in the future also I will go on saying the same, because it is the eternal truth – that human life has only one purpose, and no other purpose - that is Realisation of the Self – experiencing God, having permanent peace, divine love and permanent happiness in life. That is the only purpose for which the soul gets this human body.

The Soul has a sort of eternal journey, from times immemorial, through very many incarnations. After a very long journey, a time comes when the soul obtains a human body. When the soul meets with the human body, it is unfortunate if the person gets indulged in something other than finding the soul – meeting with the Self. If people have other objectives in life than this, then all such people are unfortunate and they miss their chance.

They may be famous people - the greatest warriors, the best scientists or the richest businessmen; they might have won many awards for acting in Hollywood; they might have been the most famous authors or dancers, but if they have not found God, their lives are completely wasted.

Finding God does not require as much intelligence as people think. It does not require learning or money. Faith, love and the faculty of discrimination - these are the three main elements, through which that eternal connection with God is experienced. Rather I should say that the illusion of separateness from God goes away. To find God is not an invention but a discovery – a discovery of what already exists – that our true nature is Divine.

This is the Truth but even then we are weeping and complaining. Why? We have to find the answer to this question.

.....